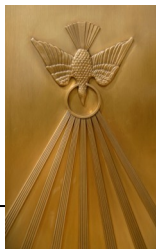


Prayer for Preparation for Mass

- *Saint Thomas Aquinas*



Almighty eternal God,
behold, I come to the Sacrament
of your Only Begotten Son,
our Lord Jesus Christ,
as one sick to the physician of life,
as one unclean to the fountain of mercy,
as one blind to the light of eternal
brightness,
as one poor and needy to the Lord
of heaven and earth.
I ask, therefore, for the abundance of your
immense generosity,
that you may graciously cure my sickness,
wash away my defilement,
give light to my blindness,
enrich my poverty,
clothe my nakedness,
so that I may receive the bread of Angels,
the King of kings and Lord of lords,
with such reverence and humility,
such contrition and devotion,
such purity and faith,
such purpose and intention
as are conducive to the salvation of my soul.

(over)

Grant, I pray, that I may receive
not only the Sacrament
of the Lord's Body and Blood,
but also the reality and
power of that Sacrament.

O most gentle God,
grant that I may so receive
the Body of your Only Begotten Son
our Lord Jesus Christ,
which he took from the Virgin Mary,
that I may be made worthy to be
incorporated into his Mystical Body
and to be counted among its members.

O most loving Father,
grant that I may at last gaze for ever
upon the unveiled face of your beloved Son,
whom I, a wayfarer,
propose to receive now veiled
under these species:
Who lives and reigns with you
for ever and ever.

Amen.